## P.S.H.C.E.

PSHCE (Personal, Social, Health and Citizenship Education including Relationship Education) enables children to acquire the knowledge, understanding, skills, values and attitudes they need to manage their lives. PSHCE develops the qualities and attributes children need to thrive as individuals, family members and members of the local and global society in which they live. Through the PSHCE curriculum, the children of Purbrook Infant School are provided with opportunities to enhance their spiritual, moral, social and cultural development through: cooperation, communication, evaluation, reflection, decision making and managing their emotions.

The children learn about their human rights and engage with issues of diversity, identity and equality through exploration of similarities and differences between people and their experiences, and the discussion of social and moral dilemmas. The causes and consequences of economic inequalities are explored and children consider how abuse and inequalities of power from local to global levels can affect the well-being of individuals and communities.

Teachers use a wide range of teaching strategies, including role play, discussion, group work and circle time as a vehicle for delivering, discussing and reflecting on life skills. Our PSHCE curriculum follows the SCARF (Safety, Caring, Achievement, Resilience, Friendship) Whole School Approach to health and well-being. At Purbrook Infants, we believe the role of PSHCE is significant to individual pupil motivation and achievement; it teaches children to make independent, healthy, confident and respectful choices in order to develop into an active citizen with a strong, positive disposition and self-worth.

Achievement

Resilience

**Friendship** 

Safety

Caring