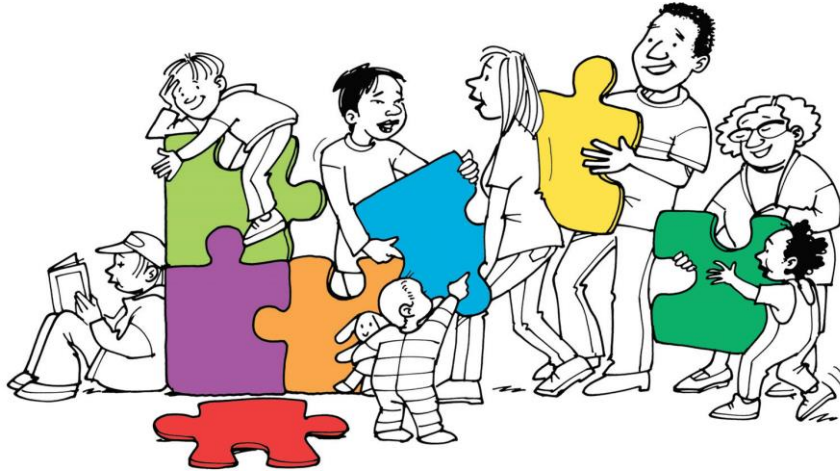


**Challenging children?
Family driving you mad?
Feel like you're always shouting?**



Come and find out how to get the best out of family life

The Nurture Programme is a free 10-week course for **all** parents that helps deal with those challenging behaviours, to make home a calmer, happier place.

Starting Wednesday 18 September 9.30am-11.30am

at Mill Hill Community Pantry
Mill Road, Waterlooville, PO7 7BD



Refreshments provided.



Contact Angie or Gill for more information

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